Address 18 Allen Street, South Townsville QLD 4810

Page 1 of 2

Finger Food Selection (priced per person)

Assorted Cookies Per Cookie	\$2
Fruit Skewers with Passionfruit Yogurt Dip	
(VEGAN Yogurt * Avail)	\$0
Fruit Salad Cup 200mls	\$4
Fruit Salad Cup 200mls with Yoghurt	\$.

All platters in multiples of 5

Crudites & Trio of Dips Platter	\$5
Fresh Fruit Platter	\$5
Fruit & Cheese Platter	\$5
Cheese Platter	\$0
Antipasto Platter/Grazing Box	\$8
* Plus \$0.50 per serve	

Popular Combinations

Sweet/Savoury Selection

 Sweet Selection Savoury Selection Sweet <i>plus</i> 2 Savoury Selections Sweet <i>plus</i> 2 Savoury Selections 	10101
Sweet/Savoury - 2 Selections Sweet/Savoury - 3 Selections Sweet/Savoury - 4 Selections Sweet/Savoury - 5 Selections Sweet/Savoury - 6 Selections	01 01 01 01
Sandwiches <i>plus</i> 2 Savoury Selections Sandwiches <i>plus</i> 3 Savoury Selections Sandwiches <i>plus</i> 4 Savoury Selections	010101
Panini <i>plus</i> 2 Savoury Selections Panini <i>plus</i> 3 Savoury Selections Panini <i>plus</i> 4 Savoury Selections	010101
Baguettes <i>plus</i> 2 Savoury Selections Baguettes <i>plus</i> 3 Savoury Selections Baguettes <i>plus</i> 4 Savoury Selections	10101
Wraps <i>plus</i> 2 Savoury Selections Wraps <i>plus</i> 3 Savoury Selections Wraps <i>plus</i> 4 Savoury Selections	1010101

Note: Let us choose or select your own

Lunch Selection

Standard Fillings (Add \$1.50 for gournet fillings)

Sandwiches Sandwiches <i>Gluten Free</i>	\$8.00 \$9.00
Cold Meat & Salad Bowl	•
(VEG/VEGAN/Gluten Free Avail)	\$9.00
Soft Rolls Round	\$9.00
Panini	\$9.00
Baguette French stick cut into three	\$9.00
* Plus \$0.50 per serve	

Standard Sandwich Fillings (Plus Salads)

Chicken, Avocado & Tasty Cheese	\$8.00
Egg & Lettuce Plain & Curried	\$8.00
Leg Ham, Cheese & Tomato	\$8.00
Roast Beef, Chutney, Cheese	\$8.00
Salami, Tomato & Cheese	\$8.00
Silverside, Tomato, Cheese & Pickle	\$8.00
Roast Pork, Apple Sauce & Salad	\$8.00
Turkey, Cranberry & Lettuce	\$8.00
Cheese, Sprouts & Salad (VEGAN Avail)	\$8.00







full menu

Savoury Selection

Party Pies	\$3.85
Spring Rolls VEG/Dairy Free	\$3.85
Sweet Chilli Chicken Tenders (Gluten Free Avail)	\$3.85
Cocktail Sausage Rolls	\$3.85
Crumbed Calamari	\$3.85
Garlic Chicken Balls	\$3.85
Salt & Pepper Squid	\$3.85
Ham, Cheese & Tomato Mini Croissants (VEG Avail)	\$3.85
Spinach & Feta Parcels VEG	\$3.85
Falafel with Hummus VEGAN/Gluten Free	\$3.85
Battered Fish (Gluten Free Avail)	\$3.85
Zucchini & Corn Fritters (VEG/VEGAN/Gluten Free Avail)	\$3.85
Eggplant & Chickpea Fritters	
(VEG/VEGAN/Gluten Free Avail)	\$3.85
Frittata Gluten Free (Dairy Free Avail)	\$3.85
Meatballs (Gluten Free/Dairy Free Avail)	\$3.85
Thai Chicken Meatballs (Gluten Free/Dairy Free Avail)	\$3.85
Zucchini & Bacon Slice Gluten Free (Dairy Free Avail)	\$3.85
Ham & Egg Cups Gluten Free/Dairy Free	\$3.85
Marinated Chicken Wings (Gluten Free Avail)	\$3.85
Savoury Scones VEG	\$3.85
Savoury Tarts (VEG/VEGAN/Gluten Free* Avail)	\$3.85
Mini Quiche VEG (Gluten Free * Avail)	\$3.85
Mini Cottage Pie (VEGAN/Gluten Free* Avail)	\$3.85
Bruscetta VEG	\$3.85
Mexican Bruscetta (VEG avail)	\$3.85
Greek Tartlets VEG	\$3.85

* Plus \$0.50 per serve

Sweet Selection

Assorted Cake	\$3.85
Assorted Danishes	\$3.85
Caramel Macadamia Slice	\$3.85
Caramel Slice <i>Gluten Free</i>	\$3.85
Chocolate Brownies (<i>Gluten Free Avail</i>)	\$3.85
Lamingtons	\$3.85
Rockyroad	\$3.85
Homemade Scones <i>with</i> Jam & Cream	\$3.85
Homemade Muffins	\$3.85
Cherry Ripe Slice	\$3.85
Fruit & Grain Slice VEGAN	\$3.85
Apple & Rhubarb Gluten Free/Dairy Free	\$3.85
Orange & Almond Slice Gluten Free/Dairy Free	\$3.85
Passionfruit Cheesecake <i>Gluten Free</i>	\$3.85
Chocolate Jaffa Slice <i>Gluten Free</i>	\$3.85
Banana & Walnut Slice <i>VEGAN</i>	\$3.85
Drinks	
Bottled Water 600ml	\$2.50
San Pelligrino Mineral Water 250ml	\$4.50
San Pelligrino Mineral Water 1L	\$8.00
Juice 2L	\$7.50
Tea & Coffee Service	\$2.00
(Includes Coffee Bags, Tea Bags, Sugar, Milk & Cups) Available Extras	φ2.00
Urn Hire	\$22.00
Water Dispenser Hire	\$11.00
Plates & Serviettes <i>Per Person</i>	\$0.25
Bamboo Cutlery <i>Per Person</i>	\$0.25
Enviro Cups	\$0.20

FRESH Corporate Catering

Address 18 Allen Street, South Townsville QLD 4810

Gourmet Sandwich Fillings (Plus Salads)

Chicken, Merediths Goat Cheese, Fresh Herb	
Mayo, Pickled Red Onion & Asparagus	\$
Turkey, Bacon, Cranberry, Camembert & Spinach	\$
Mild Salami, Fetta, Fresh Tomato & Olive Tapenade	\$
Roast Beef, Horseradish Crème, English Cheddar,	
Caramelised Onion & Spinach	\$
Reuben, Pastrami, Dijon Mustard, Aged Cheddar	
Cheese, Pickles & Sauerkraut	\$
Roast Pork, Apple Chutney, Walnut Mayo, Spinach,	
English Cheddar & Fresh Apple	\$
Falafel, Hummus, Roast Capsicum, Pickled Carrot &	Ĩ
Beetroot VEGAN	\$
Roast Chicken, Roast Pumpkin, Feta, Pesto &	
Spinach (VEG Avail)	\$
Mediterranean Roast Veggies & Merediths Goat	
Cheese (VEGAN Avail)	\$
Roast Pumpkin, Avocado, Feta, Pesto &	Ť
Spinach VEGAN	\$

Boardroom Lunch/Conference

Includes Disposable Plates, Cutlery & Serviettes

Cold Meats, Salad & Dinner Roll (Gluten Free** Avail)	\$20.00
Quiche, Salad & Dinner Roll (VEG/Gluten Free * * Avail)	\$20.00
Green Chicken Curry with Rice, Salad &	
Papadams (VEG/VEGAN/Gluten Free Avail)	\$20.00
Green Vegie Curry with Rice, Salad &	
Papadams VEG	\$20.00
Lasagne, Salad & Garlic	
Bread (VEG/VEGAN/GF Avail)	\$20.00
Cottage Pie, Salad & Dinner Roll (VEGAN/GF Avail)	\$20.00
Morroccan Chickpea & Eggplant Tagine VEGAN	\$20.00
* * Plus \$1.00 per serve	

Salads

Garden Medium Size	\$30.00
Caesar Medium Size	\$30.00
Mediterranean Medium Size	\$30.00
Potato Medium Size	\$30.00
Roast Pumpkin, Spinach & Feta Medium Size	\$30.00
Rainbow Slaw Medium Size	\$30.00
Asian Slaw Medium Size	\$30.00
Three Beans & Broccoli Medium Size	\$30.00
Couscous, Current, Almond & Mint Medium Size	\$30.00

Note: All salads \$55.00 per serve for Large Size







Order Information

Minimum 5 People for any order Prices include GST effective March 1st 2021 10% Covid individual packaging surcharge 10% Surcharge for weekend orders

\$5 Delivery fee on all orders within city limits Call for a price outside our map